



MEDICAL AND PUBLIC SAFETY EMERGENCIES

988

CALL OR TEXT

988 SUICIDE & CRISIS LIFELINE

Nationwide hotline for mental health support during times of distress or a crisis.



1-866-512-4357

CRISIS INTERVENTION HELPLINE

Community Mental Health of Ottawa County's crisis intervention helpline for free and anonymous support.



1-888-PEER-753

MI PEER SUPPORT WARMLINE

Mental health support 10 AM - 2 AM every day.

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Get Connected. Get Help.™

COMMUNITY RECOVERY RESOURCES AND FAMILY SUPPORT RESOURCES

Call 211 or text your zip code to 898211



SCAN FOR
ADDITIONAL
RESOURCES



Ottawa County

SuicidePrevention
Coalition